



**Capitol
Cardiology**
ASSOCIATES

THOMAS Y. KO, M.D., F.A.C.C.
AROOR S. RAO, M.D., F.A.C.C.
RAJENDRA SHETTY, M.D., F.A.C.C.
GLENN JAUCIAN, M.D.
VIVEK BAHL, M.D., F.A.C.C.
JAN DIXON WEBBER, M.D., F.A.C.C.
MOHIT RASTOGI, M.D., F.A.C.C.
MICHAEL DOMANSKI, M.D., F.A.C.C.
GLENN R. JAUCIAN, M.D., F.A.C.C.
VIKRAM RAYA, M.D., F.A.C.C.

**PATIENT PREPERATION FOR PATIENT WHO WILL HAVE
A PHARMACOLOGICAL STRESS TEST:**

1. A) If stress test is scheduled before 11:00 a.m., nothing to eat or drink after midnight except water
B) If stress test is scheduled after 11:00 a.m., nothing to eat or drink after 7:00 a.m., except water (a very light breakfast can be eaten before 7:00 a.m.)
2. No Caffeine or theophylline products for 24 hours (See attached table)
3. Wear comfortable, 2 piece (top and bottom) loose-fitting clothing.
4. An IV will be inserted so be prepared for a needle stick.
5. Plan to be with us for 4-5 hours **so please bring a snack.**
6. Patients are scheduled to come back to the office in 1 week to discuss the results with their doctor.
7. Bring all medications, including inhalers and blood pressure medications, so they can be taken immediately after the test.
8. Diabetics should not take their diabetic medication (including insulin) on the date of the test, but they should bring it so it can be taken after the test with their snack.
9. Some calcium channel blockers and beta blockers are to be withheld 24-48 hours before the test, see attached chart:
10. The waiting room is limited, so please do not bring family members.
11. If you use oxygen you must bring a spare tank as this practice does not supply extra oxygen.

For safety reasons children are not allowed. Caregivers are required to remain with their patient, so please come prepared to wait.

If you are scheduled for a study and you do not cancel 24 hours prior to your test date, you will be assessed a \$60. Fee. If you want to cancel a test which is scheduled for a Monday, you must contact the office before the close of business the prior Friday. Any walk in cancellations or cancellations left with the answering service the previous evening will be subject to the fee.

www.capitolcardiology.com

Main office – Medical Office Building, 8116 Good Luck Road, Suite 305, Lanham, Maryland 20706

Phone 301-552-1200, Fax 301-552-1202

14999 Health Center Drive, Suite #201, Bowie, Maryland 20716

Phone 301-552-1200, Fax 301-552-1202

Branch Avenue 7700 old Branch Avenue D203 Clinton, Maryland 20735 1611

Phone 301-868-1220, Fax 301-856-3550